



childrearing matters

Solution-focused training and advice to bring out the best in your child

“How can I bring out the best in my child?”

is a question that all parents and professionals ask themselves. We all remember those adults who supported us as children and we'd like to 'be there' like them for the young people in our lives. *This is especially important if you're parenting far from 'home' or working with international families. International parents and so-called 'third culture kids' or 'global nomads' face special challenges.*

Preventive courses

Like all parents and professionals, you'll want to help 'your' child to develop its full potential. Childrearing Matters runs inspirational workshops and training courses covering all aspects of childrearing, behaviour and development.

You'll receive answers to the questions many parents and professionals ask, like "How can I help my child to communicate clearly, deal with challenges and disappointments, make and keep friends, consider others and reach its own goals?"

You'll also learn how to deal effectively with behavioural problems, minimize your stress levels and maximize the pleasure you derive from your contact with children and adolescents.

Advice for parents, professionals and organisations

If you keep coming up against the same problem behaviour or if your child seems 'too aggressive', 'too withdrawn' or 'too anxious', you may ask yourself, "Is this behaviour 'normal' or should I be more concerned?"

Far from your familiar anchor points and sources of support, you may not know where to turn for answers.

This is where childrearing Matters can help

Child development and behavioral specialist and former teacher Alison Sutton, herself an 'international mother', is qualified to treat a wide range of emotional and behavioral problems. Symptoms can include aggression, hyperactivity, concentration problems, defiance, communication problems, depression, withdrawal and anxiety. Working closely with you, Alison can help you to establish 'what's wrong' and 'what's needed' to bring out the best in your child or adolescent.

childrearing Matters works to improve children's access to community services, and is currently advising the GGD Hollands Midden on key aspects of pedagogical policy

“I was at my wits' end with my 11-year old son. Since my divorce he'd become impossible. He'd stopped cooperating and refused to go to school, despite intervention by other professionals.

My son saw Alison on a Friday and he returned to school the following Monday, with a new sense of hope and direction in his life.

Alison worked with him and coached me in supporting him to remain at school. Due to her support he was able to finish group seven and made a successful transition to a new school.

I have huge admiration for Alison's integrity and creativity. She is an active listener, does not work with 'standard protocols' and empowers both the parents and child, restoring self-confidence and quickly rendering herself redundant.”

- International mother, Leiden

Would you like to find out more about how Childrearing Matters can help you in your parenting or in your work with international children and adolescents?

Please see the following page for contact details and practice opening times.

For course dates and registration, please consult the website or contact the practice direct.

nederlandse vereniging
van pedagogen en
onderwijskundigen



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Solution-focussed training and advice to bring out the best in your child

consultations: Mondays and Fridays
(plus evenings)

Please mail or telephone for an appointment.
The initial exploratory appointment is free and without obligation.

courses for international parents and children

Please see the website www.childrearingmatters.com for details and registration, or contact the practice direct.

workshops and professional training

Childrearing Matters runs workshops and training courses for schools, creches and other professional organisations working with Dutch and international families. Please mail or telephone to discuss your needs.

contact

Please telephone the practice between 9.00 and 11.00 a.m. every weekday. If you leave a message, I will get back to you as soon as possible.

childrearing Matters

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<http://www.childrearingmatters.com>

"Alison helped us realize that our 3-year-old daughter is a highly-sensitive child who needs to feel secure in changing situations and new environments.

The strategies that Alison gave us have helped us parent our daughter more appropriately and become more aware of her needs, while ensuring that our parenting goals are still met.

Our child is attending nursery school now and we are sure that soon she will be able to confidently wave goodbye and enjoy a wonderful day.

Not only has Alison given us strategies for her now but she made us aware of the need to adapt our parenting approach as she grows into a highly-sensitive adult."

- International mother, The Hague

The issues covered in the courses, workshops and readings are revised every year, in response to requests from parents and professionals. It's worth subscribing to the free Childrearing Matters newsletter via the website to ensure that you receive the latest information!